

Module 1: General Courses



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| Module designation | |
|---|---|
| | Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era |
| Semester(s) in which the module is taught | 1 st semester |
| Person responsible for the module | Fang Liu |
| Language | Chinese |
| Relation to curriculum | Compulsory This course is a core course in the ideological and political theory curriculum, which has been designed to guide students to thoroughly understand the path and system of socialism with Chinese characteristics. It aims to cultivate socialist successors who love the socialist motherland, support the leadership of the Communist Party of China, and have full confidence in the path, theory, system, and culture of socialism with Chinese characteristics. |
| Teaching methods | Lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 90 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 42 hours Private study including examination preparation, specified in hours: 42 hours |
| Credit points | 3.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | Knowledge: Establish a correct outlook on the world, life and values, develop a strong sense of patriotism and become a qualified successor of communism. Strengthen the correct ideals and convictions, apply the knowledge learned to future work, keep up with the mainstream ideology, and believe in the leadership of the Communist Party. Skill: Proficiency in and understanding of the Mao Zedong Thought, the theory of socialism with Chinese characteristics, especially the Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era. Competences: Apply theory to practice and see the essence through phenomena. Experience the greatness of socialism and the happiness of the Chinese people in practice |



Content

Part A. Theoretical Teaching

1. Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era is the guiding ideology that the Communist Party and the State must adhere to in the long term

The formation process, main contents and historical status of Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era; The theoretical development of adapting Marxism to the Chinese context.

2. Adhering to and developing socialism with Chinese characteristics is the fundamental direction of development and progress in contemporary China

The relationship between adherence to and development of socialism with Chinese characteristics and the great rejuvenation of the Chinese nation; The origin and development of socialism with Chinese characteristics; Full confidence in the path, theory, system, and culture of socialism with Chinese characteristics; Concrete ways to adhere to and develop socialism with Chinese characteristics.

3. Socialism with Chinese Characteristics for a New Eramarks the new historical orientation of China's development

The main basis for socialism with Chinese characteristics entering a new era; The connotation of socialism with Chinese characteristics for a new era; The relationship between "getting up," "getting wealthy," and "getting strong".

4. The change in the primary contradictions of Chinese society represents a historic shift that affects the overall situation

The main basis for the changes in the primary contradictions of Chinese society; The primary social contradictions in Chinese society in the new era and their practical requirements; The relationship between the stages of socialist development in China and the primary contradictions in society.

5. Achieving high-quality development of economy in China

Characteristics and applications of various types of cast1ron. The basic characteristics of China's economic development in the new era; The causes, manifestations and connotations of the new normal; Supplyside structural reform; Modernized economic system

6. Forming a new pattern of all-around opening-up

The reasons for China to continue to adhere to opening up in the new era of socialism with Chinese characteristics and the domestic and international background; The challenges and opportunities facing China's opening up to the outside world in the new era; The connotation of comprehensive opening-up and the way of practice.

7. The development of socialist consultative democracy into a broad and multi-level institutionalized system

The content, characteristics, practice and unique advantages of socialist consultative democracy.

8. Building a socialist ideology with strong cohesive and leading power



| | The scientific connotation of ideology; The complex struggle in the ideological sphere; The severity of the ideological struggle on the Internet; The direction of building ideological leadership. |
|------------------------------------|---|
| | 9. Establishing a social governance model based on collaboration, participation, and common interests |
| | Modernization of social governance; The connotation and development direction of establishing a social governance model based on collaboration, participation and common interests; Institutional innovation of the governance system. |
| | 10. Building a Beautiful China |
| | The content and characteristics of the green ecological perspective; |
| | Contemporary innovations in the green growth model; Socialist ecological civilization system with Chinese characteristics. |
| | 11. Adhering to the overall national security concept |
| | Specific content of the overall national security concept and challenges of the times; Specific ways to enhance national security capabilities. |
| | 12. Building the People's Army into a world-class army |
| | Mastering the Chinese path of building strong armed forces; Understanding the scientific implications of Xi Jinping's thought on strengthening military capabilities; Ensuring that efforts to make our country prosperous and efforts to make our military strong go hand in hand. |
| | 13. Building a community with a shared future for mankind |
| | The world is in a period of major developments, transformation, and adjustment; Pursuing policy of peace; Promoting the establishment of a new type of international relations; The connotation of the idea of building a community with a shared future for mankind; |
| | Jointly building a community with a shared future for mankind. |
| | 14. Promoting international cooperation under the "Belt |
| | and Road" Initiative |
| | The scientific connotation and challenges of the Belt and |
| | Road Initiative; The relationship between the Belt and Road Initiative and the building of a community with a shared future for mankind. |
| Examination forms | In-class performance (20%) : Class participation, discussion ; |
| | Assignments(30%) :Homework ; |
| | Finak assessment (50%): Exam |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1.Required books |
| | Publicity Department of the CPC Central Committee: Study Outline of Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, Learning Press/People's Publishing House, 2019. |
| | 2.Reference books |
| | [1] Xi Jinping on Governance of China, Volumes 1-3, Foreign Languages Press, 2018. |



- [2] Publicity Department of the CPC Central Committee, Thirty Lectures on Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, Learning Press, 2018.
- [3] Publicity Department of the CPC Central Committee, Questions and Answers on Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, LearningPress/People's Publishing House, 2021.
- [4] Study Series on Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, China Social Sciences Press, 2019.
- [5] Xi Jinping on the History of the Communist Party of China, Central Literature Publishing House, 2021.
- 3. Other materials
- [1] PPT courseware (self-compiled)



| Module designation | Introduction to China's Modem and Contemporary History |
|---|--|
| Semester(s) in which the module is taught | 1 st semester |
| Person responsible for the module | Kai Yu |
| Language | Chinese |
| Relation to curriculum | Introduction to China's Modern and Contemporary History is a general education course about political theories. It is a compulsory course offered by Chinese colleges and universities to teach the basic theories of Marxism and Marxism with Chinese characters. This course gives a picture of China's modern and contemporary history since the mid-19th century to enable students to understand that the Chinese nation and Chinese people were plunged into the darkness of invasion of foreign capitalism and imperialism and their collusion with China's feudal forces; to understand the two historic tasks faced by China in modem times, which are striving for national independence and people's liberation and building China into a stronger and more prosperous country; to understand the arduous exploration and tenacious struggle carried out by Chinese progressives and the masses in order to save the nation from the extinction since modem times and their experience and lessons; to understand the domestic and international environment after the founding of New China and the historical inevitability that the Chinese people embarked on the path of socialism led by the Communist Party of China; and to deeply understand how history and the people have chosen Marxism, the Communist Party of China, and the path of socialism. This course analyzes historical processes events and figures closed related to modern and contemporary Chinese history, in order to improve students' ability to analyze historical issues and distinguish right from wrong using scientific historical concepts and methodology. This course draws lessons from history to enable students to ponder over the historical and cultural implications of the modernization of the Chinese nation; to allow students to develop new national culture and psychological characteristics; to make students be neither arrogant nor self belittling while be both confident and openminded so as to reduce the twists and turns on the way forward and build a prosperous, strong, democratic and civilize |
| Teaching methods | Lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 90 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 42 hours Private study including examination preparation, specified in hours: 42 hours |
| Credit points | 3.0 |
| Required and recommended prerequisites for joining the module | N/A |



Module objectives/intended learning outcomes

This course gives a picture of China's modem and contemporary history since the mid-19th century to enable students to understand that the Chinese nation and Chinese people were plunged into the darkness of invasion of foreign capitalism and imperialism and their collusion with China's feudal forces; to understand the two historic tasks faced by China in modem times, which are striving for national independence and people's liberation and building China into a stronger and more prosperous country.

Knowledge:

- 1. Modem and contemporary Chinese history and national conditions;
- 2. The logic of the overall evolution of modem and contemporary Chinese history;
- 3. The significance and value of the "four choices" in modem and contemporary Chinese history.

Skills:

- 1. The ability to have a correct view of history and to understand modem and contemporary history as a whole; the ability to analyze historical issues and distinguish right from wrong using scientific historical concepts and methodology.
- 2. The ability to establish correct values; have the spirit of patriotism and fine qualities regarding history.
- 3. A general understanding of the great rejuvenation of the Chinese nation.

Competence:

This course draws lessons from history to enable students to ponder over the historical and cultural implications of the modernization of the Chinese nation; to allow students to develop new national culture and psychological characteristics; to make students be neither arrogant nor self-belittling while be both confident and open-minded so as to reduce the twists and turns on the way forward and build a prosperous, strong, democratic and civilized country.

Content

Part A Theoretical teaching

Chapter I Struggles against Foreign Aggression

- The Opium War marks the beginning of the modem history of China; foreign military aggression, economic plunder, political control and cultural enslavement against China after the Opium War;
- The struggles waged by the Chinese people for national independence;
- The failure of the Chinese people's struggle against aggression and the awakening of national consciousness.

Chapter II Early Explorations of the Country's Way Out



- The early explorations of the way out of the country made by the peasant class, the landlord class ruling group and the bourgeois reformers;
- The historical facts, causes of failure and lessons of the Westernization Movement and the Reform Movement of 1898.

Chapter III The Revolution of 1911 and the End of Autocratic Monarchy

- The bourgeois revolutionaries headed by Sun Yat-sen led the Revolution of 1911 and founded a bourgeois democratic republic, but the fruits of the democratic revolution were soon usurped by Yuan Shikai;
- Struggles against Yuan Shikai led by Sun Yat-sen after the Revolution of 1911.

Chapter IV Epoch-Making Events

- The inevitability of the May 4th Movement and its role and significance in the modem history of China; the profound relationship between the May 4th Movement and the Communist Party of China and the Chinese Revolutionary Movement;
- The inevitability of the May 4th Movement and its role and significance in the modem history of China; the profound relationship between the May 4th Movement and the Communist Party of China and the Chinese Revolutionary Movement. The historical inevitability and significance of the establishment of the Communist Party of China; the first cooperation between the Kuomintang and the Communist Party of China and the rise of the National Revolution and the reasons for its failure.

Chapter V New Path of Chinese Revolution

- How to establish a dictatorship by the Kuomintang headed by Chiang Kai-shek;
- The historical significance of the Armed Revolution and Agrarian Revolution led by the Communist Party of China;
- The spirit of the Communist Party of China in carrying out e

 arduous struggles.

Chapter VI The Chinese Nation's War of Resistance against Japanese Aggression

- The whole process of the great War of Resistance against Japanese Aggression and related major historical events, such as the performance and role of the Kuomintang and the Communist Party of China in the war, and the inhumane barbaric crimes committed by the Japanese army;
- The great sacrifices made and struggles waged by the Chinese people during the War of Resistance against Japanese Aggression;
- The reasons for China's victory in the War of Resistance against Japanese Aggression and the far-reaching historical significance of the victory.

Chapter VII Strive for New China

• Reform and opening up are a great new revolution carried out by the Chinese people of all ethnic groups led by the Communist Party of China in the new era. The policy is vital to the fate of contemporary China and



to the realization of the two centenary goals and national rejuvenation. There is no end to reform and opening up. Reform and opening up are the self-improvement and development of the socialist system. It is essential to stick to the right direction.

 The historical inevitability of reform and opening up; raising awareness of deepening reform in every fields.*

Chapter VIII Establishment of the Basic Socialist System in China

- The completion of the democratic revolution and the recovery of the national economy;
- The nature of the Chinese Society in the early days of the People's Republic of China;
- Mao Zedong and the second "Historic Great Change" of China in the 20th Century;
- The characteristics of the transition to socialism and historical experience learned from it.

Chapter IX Tortuous Development of Socialism in Explorations

- The efforts and achievements made by the Communist Party of China in exploring the path of the development of socialism in China;
- The mistakes made by the Communist Party of China in economic guidelines over the decade and the twists and turns in correcting "Left" errors:
- Achievements and experience in ten years of development.

Chapter X New Era of Reform, Opening up and Modernization

- The necessity of putting down disturbances and restoring order ideologically and politically and carrying out economic adjustment.
- Historical achievements of the Third Plenary Session of the Eleventh CPC Central Committee: a great turning point of far-reaching significance in the history of the Communist Party of China since the founding of the People's Republic of China;
- Deng Xiaoping and the third "Historic Great Change" of China in the 20th Century;
- The basic line in the primary stage of socialism put forward by the Communist Party of China and its significance.

Part B Practice teaching

Flipping classroom

The lecturer selects relevant practical problems of universal significance, organizes classroom discussions accordingly, and assigns homework to students in advance. Students consult materials, prepare lecture notes, have group discussions, and give presentations on relevant topics in class. The lecturer is mainly responsible for leading, commenting and prompting.

Practical case training

In addition to theoretical (classroom) teaching, the lecturer also designs practice teaching according to the overall framework of Knowledge and Practice Class — an ideological and political theory course and the theme of "modern and contemporary Chinese history and national conditions and the spirit of patriotism". The lecturer determines the



| | topic of practice and organizes students to carry out historical practice activities in groups. Students write practice reports and communicate with each other in accordance with provisions, so as to strengthen their ability in moral practice and social practice. |
|------------------------------------|---|
| Examination forms | 1. Final assessment (50%): talce the final exam and answer |
| | questions carefully; |
| | 2. Attendance (10%): no late arrivals, no early departures, |
| | and no unauthorized absences; |
| | 3. Assigmnents (20%): class notes and reading notes, |
| | learning experience; |
| | 4. In-class performance (20%): classroom participation, |
| | Discussion and perfonnance in social practice classes (presentations) . |
| Study and examination requirements | Achieve a score of 60 points or above. |
| Reading list | 1.Required books |
| | Compilation Group of Introduction to China's Modem and Contemporary History. |
| | Introduction to China's Modem and Contemporary History. Beijing: Higher Education Press, 2012. |
| | 2.Reference books |
| | [I] HU Shen. From the Opium War to the May 4 th Movement, Beijing: People's Publishing House, 1981. |
| | [2] Edited by the Party History Research Office of the CPC Central Committee. History of the Communist Party of China Volume I (1921-1949), Beijing: CPC History Publishing House, 2002. |
| | [3] Edited by the Party History Research Office of the CPC Central Committee. History of the Communist Party of China Volume II (1949- 1978), Beijing: CPC History Publishing House, 2002. |



| Module designation | Social Situation and Policy |
|---|---|
| Semester(s) in which the module is taught | 1st-8th semesters |
| Person responsible for the module | Chao Wu |
| Language | Chinese |
| Relation to curriculum | Compulsory As a compulsory course for ideological and political education in colleges and universities, this course is the main channel for situation and policy education. It shoulders the important mission in the ideological and political education for college and university students. This course has an irreplaceable and important role in guiding students to correctly understand the international and domestic situation and to correctly understand the Chinese Communist Party and state policies. |
| Teaching methods | Theoretical teaching and experiment |
| Workload (incl. contact hours, | (Estimated) Total workload: 60 hours |
| self-study hours) | Contact hours (please specify whether lecture, exercise, laboratory session, etc.): theoretical teaching(20 hours) and experiment (12hours) |
| | Private study including examination preparation, specified in hours: 28 hours |
| Credit points | 2.0 |
| Required and recommended prerequisites for joining the module | N/A |
| Module objectives/intended | Knowledge: |
| learning outcomes | To enable students to have a more comprehensive and learning outcomes systematic understanding of China's basic national conditions and the basic country-governing strategies of the Communist Party of China and the government, with an aim to help student form a correct political outlook. Help students learn to observe and analyze the situation, and understand and implement policies by using Marxist positions, viewpoints and methods. Skill: |
| | To enable students to understand the characteristics of the international situation, major events in the world and China's foreign policy, so as to recognize the characteristics of the times we live in, understand their responsibilities and obligations, and strengthen the "3 confidences". |
| | Competences: |
| | Help students to have a basic understanding of the basic theoretical knowledge of this course and the basic methods of analyzing issues. Help student to develop skills in using these Knowledge and methods to analyze issues in real-world context, and in applying theory in practice to guide students 'own behaviour. |
| Content | Topic 1: Important meeting spirit of the Communist Party of Ihina and the Chinese government |



| | Understand the formulation process of major policies of the communist Party of China and the Chinese government at this stage and the latest trends. |
|------------------------------------|--|
| | Topic 2: National major events and commemorations help students understand the significance of the anniversary of 1ajor historical events. Guide students to form a correct 1nderstanding of contemporary social hot issues and focal |
| | Topic 3: China's economic and social situation and policies help students understand the basic content of the major events this year, the background and basic content of major policies of the Communist Party of China and the Chinese government, and 1e objective forecast of economic and social development trends in the next year. |
| | Topic 4: International political situation and diplomatic strategy help students understand the current international situation and :he status and development trend of international relations, as ell as China's foreign policies, major events in the world, and the principled stand of the Chinese government. |
| Examination forms | Attendance (no late arrivals, early departures, or unauthorized absences) 30%. |
| | Assignment (homework, classroom participation, in-class 1iscussion) 20%. Final exam 50%. |
| Study and examination requirements | Students whose attendance rate and assignment completion rate the both exceed 2/3 can take the examination. Achieve a score of 60 points or above. |
| Reading list | People's Daily [NJ. China Youth Daily[N]. China Comment [J]. |
| | Outlook [J] |



| Module designation | Labor Education |
|---|--|
| Semester(s) in which the module is taught | 1st to 4th semester |
| Person responsible for the module | Yi Zhang |
| Language | Chinese |
| Relation to curriculum | Compulsory |
| | This course combines theory with practice and aims to cultivate in students a scientific understanding and attitude towards labor, as well as the habits, qualities, emotions, knowledge, literacy, and thinking skills (including innovation and creativity) associated with labor. The goal is to develop well rounded socialist builders and successors who have a comprehensive development of morality, intelligence, physical fitness, aesthetics, and labor skills. |
| Teaching methods | lesson |
| _ | (Estimated) Total workload:30 |
| Workload (incl. contact hours, self-study hours) | Contact hours (please specify whether lecture, exercise, laboratory session, etc.):16 hours |
| | Private study including examination preparation, specified in hours:14 hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended | Knowledge: |
| learning outcomes | Understanding the basic Marxist viewpoints on labor and important discourses on labor education in the new era, mastering the Marxist theory of labor, China's excellent traditional labor culture, and the essence of Xi Jinping's discourse on labor education. |
| | Skill: |
| | Developing students 'practical and cooperative abilities in labor. |
| | Competences: |
| | This course aims to cultivate in students the spirit of labor, to develop moral character through labor, to enhance intelligence through labor, to strengthen the body through labor, to cultivate aesthetics through labor, and to foster innovation through labor. |
| Content | The description of the contents should clearly indicate the weighting of the content and the level. |
| | Part A. Theoretical Teaching |
| | 1. Theoretical foundations of labor education |
| | An overview of labor and labor education; |
| | Traditional Chinese view of labor education; |
| | Marxist view of labor; |



| | The Chinese Communist Party's view on labor; |
|-----------------------|--|
| | - |
| | Xi Jinping's important discourse on labor education. |
| | 2. The evolution of labor education in new China |
| | The labor education work of the Communist Party of China in New China; |
| | Labor education work of the CPC in the new era; |
| | Innovative development of CPC labor education in the new era. |
| | 3. International comparison of labor education |
| | University education and labor education; |
| | Typical models of labor education in developed countries; |
| | Insights from the experience of labor education in |
| | developed countries. |
| | 4. The nurturing function of labor education |
| | The basis of the nurturing function of labor education; |
| | The function of labor education in educating people; |
| | Integration of the educative function of labor education. |
| | 5. Cultivating correct labor values in the new era |
| | Improving the labor education system in the new era; |
| | Defining the main contents of labor education in the new era; |
| | Building an ideal picture of labor education in the new era; |
| | Expanding the path of implementing labor education in the new era; |
| | Striving to be a model worker in the new era. |
| | 6. The work ethic and core socialist values |
| | An overview of the work ethic, the spirit of model workers and craftsmanship; |
| | The intrinsic relationship between work ethic, the spirit of model workers and craftsmanship; |
| | Cultivating the spirit of model workers and core socialist values. |
| | 7. Labor and society |
| | Socialization of the workforce; Occupation and professional status; |
| | Labor organization; Labor system; Labor regulations. |
| | |
| Examination forms | Final score includes: |
| | 1. Attendance (30%): Class attendance and study performance; |
| | 2. In-class performance (30%): Self-study and practical |
| | assigrunents outside of class; |
| | 3. Final assessment (40%): final assessment results. |
| Study and examination | Requirements for successfully passing the module |
| requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |



Yan Yunlou. Theory and Practice of Labor Education. China Labor and Social Security Publishing House. 2022.

2.Reference books

[1] Xi Jinping. Adhering to the development path of socialist education with Chinese characteristics, cultivating socialist builders and successors with all-round development of moral, intellectual, physical, social and aesthetic development. People's Daily, 2018-9-10.

[2] Li Ke. Transmutation and Scrutiny: The Historical Logic and Realistic Reconstruction of Labor Education. Social Sciences Academic Press, 2019.

[3] Liu Xiangbing. The Outline of University Labor Education in the New Era. Social Sciences Academic Press, 2019.

[4] Liu Xiang bing. General Theory of Labor. Higher Education Press, 2020.

3. Other materials

[I] PPT courseware (self-compiled)



| Module designation | Career Planning for University Students |
|---|--|
| Semester(s) in which the module is taught | 1 st semester |
| Person responsible for the module | Yiwen Gao |
| Language | Chinese |
| Relation to curriculum | Compulsory To help students understand the national employment situation and policies, grasp the characteristics and trends of the employment market, guide college students to fully understand themselves, reasonably adjust their career expectations, set up a correct view of career, employment and career choice, enhance the awareness of employment competition, master job-seeking methods and skills, and improve the ability of choosing a career and employment, so as to promote fuller and higher-quality employment for students. |
| Teaching methods | Lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 15 Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 8 hours Private study including examination preparation, specified in hours: 7 hours |
| Credit points | 0.5 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | To have the literacy in humanities and social sciences, a sense of social responsibility, and the ability to understand and comply with the ethics and norms of the engineering profession and fulfil their responsibilities in the practice of engineering. |
| | knowledge |
| | To enable students to understand the position and responsibilities of each role in a team. |
| | Skills: |
| | To equip students with literacy in humanities and social sciences and a high sense of social responsibility. |
| | To enable students to assume the roles of individual, team member and leader in a multidisciplinary context and to work collaboratively with other members of the team. |
| | Competences: |
| | To enable students comply with professional ethics and norms in practice and work, and to fulfil their responsibilities accordingly. |



Content

Chapter 1 Introduction

The connotation of university and university culture, the significance of lifelong learning, the understanding of a successful life, the connotation of self-actualization, the importance of academic planning, and the necessity of career preparation.

With the help of typical cases, students will be inspired to set up great aspirations, understand great virtues, become great talents and take up great responsibilities, consciously integrate their personal ideals and pursuits into the cause of the country and the nation, and strive to become a new man of the times capable of taking up the important responsibility of national rejuvenation.

Chapter 2 Mysteries of the Career World

Code of conduct in the workplace, code of conduct in the profession, elements of success in the workplace, information industry, freelancing, knowledge-based economy, characteristics of career development.

Know the characteristics of career development and plan your career according to the development trend (Lecture).

Chapter 3 Self-Exploration and Cognition

Values, career values, Maslow's Hierarchy of Needs Theory, personality, Jung's Theory, MBTI Personality Theory, Octave Model of Thinking, Career Anchor, Holland's Theory of Matching Career Types.

Chapter 4 Career Choice and Decision Making

Basic connotation of career choice, principles of career choice, process of career choice, steps of career choice, overview of career decision making, methods of career decision making, styles of career decision making.

Chapter 5 Career Development and Management

Career definition and categorization, career theory, Schubert's view of career development, career planning steps and principles.

Chapter 6 Career Psychology and Adaptation

Career psychology, awareness of career choice, awareness and cultivation of career attitude, concept of burnout.

Chapter 7 Facing the Workplace - Taking the First Steps in the Workplace

Pre-employment Preparation, Employment Mindset, Preparation of Employment Materials, Interviewing Skills, Employment Information Processing.

Chapter 8 Grasping the right direction - targeting job search

Hollander's vocational interest test, MBTI personality test, and methods of applying vocational values.

Chapter 9: Three Practices--Preparation for Job Hunting

Skills, internships, certificates, information collection, information screening, information management, dress etiquette, grooming etiquette, communication etiquette.

Chapter 10 Step by Step - Deciphering the Winning Code

Job searching skills, cover letters, written test skills, interview attire.

Chapter 11: Dancing with Long Sleeves--Early Career Adaptation



| Correcting a good mindset, improving tolerance, increasing resilience, and developing professional ethics and morals. |
|---|
| Chapter 12 Maintaining Employment Rights and Interests Common infringements and violations of the law in the job search process, signing of employment agreements and labor contracts, breach of contract and labor disputes, and knowledge of social insurance. |
| Final exam (40%), attenence(20%), assignments(40%) |
| |
| 1. Required books |
| Career Planning and Employment Guidance Tutorial for College Students, Qiao Zhihong and Liu Rui, Tsinghua University Press, 2023-07 |
| 2.Reference books |
| Ning Xiang, Ma Yaqin, Zhao Huimin. Employment Guidance for College Students, Shanghai Jiao Tong University Press, 2021. |
| Jia Ying. Compilation of Employment Guidance and Practical Training Lesson Plans, China Labor and Social Security Press, 2021. |
| Qu Zhenguo, Yang Wenting, Chen Ziwen, Zhao Yanfen. Employment Guidance and Career Planning for College Students (2nd edition), Tsinghua University Press, 2020. |
| Zhao Qiu, Nini Huang, Yao Yao. Employment Guidance for College Students, Beijing Normal University Press, 2020. |
| Zhong Gulan Yang Kai. Career Development and Planning for College Students (2nd Edition), East China Normal University Press, 2019. |
| Wang Mingfu Sun Peilei. Career Planning and Job Search Guidance for College Students, Tsinghua University Press. 2019. |
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| Module designation | Military Theory |
|---|---|
| Semester(s) in which the module is taught | 1st semester |
| Person responsible for the module | Zhiheng Sheng Li Deng Jiali Zhang Wenjing Mei |
| Language | Chinese |
| Relation to curriculum | Compulsory This course is a compulsory course for undergraduate and junior program students of the university. Guided by the principles of building national defense and the armed forces in Xi Jinping's Thought on Socialism with Chinese Characteristics for a New Era, this course is offered to train high-quality young people who are well-prepared to join and defend the socialist cause, so as to ensure that education embraces modernization, the world, and the future, realize the strategic goal of talent training, and strengthen the national defense reserve. |
| Teaching methods | Lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 60 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.):32 hours Private study including examination preparation, specified in hours:28 hours |
| Credit points | 2.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | Knowledge: 1. Understand the history of China's national defense and the current situation and development trend of building national defense; be familiar with the basic content of national defense laws and policies; know the nature, mission and guiding ideology of the Chinese People's Liberation Army; be familiar with the main content of building national defense and national defense mobilization; strengthen the awareness of building national defense in accordance with the law; 2. Understand the generation and development of military thought; be familiar with the main content, status, function and scientific meaning of China's modem military thought; establish a scientific view of war and methodology; 3. Understand the status quo, characteristics and development trends of the global strategic pattern; get a correct understanding of the |



current status of China's surrounding security environment and security strategies; enhance the awareness of national security.

Competence:

Upon completion of this course, students will acquire communication and collaboration skills, have team spirit, promote physical and mental health and self-improvement, and have the ideals and convictions to be well-prepared to join the socialist cause with Chinese characteristics.

Content

Chapter I China's National Defense

- An overview of national defense: the history of China's national defense**, main enlightenment;
- Laws and regulations on national defense: the legal system of national defense**, the rights and duties of citizens in national defense;**
- Building national defense: national defense leadership system, achievements in building national defense, goals and policies of building national defense;*
- China's armed forces: Chinese People's Liberation Army, Chinese People's Armed Police Force, Chinese militia.*

Chapter II Military Thought

- An overview of military thought: Formation and development, system and content, main representative works;
- Mao Zedong's military thought: scientific meaning, main content, historical status and practical significance;**
- Deng Xiaoping's thought on building the armed forces in the new period: scientific meaning, main content, status and role;**
- Jiang Zemin's thought on building national defense and the armed forces: main content and guiding role;*
- Hu Jintao's important exposition on building national defense and the armed forces: main content, status and role;*
- Xi Jinping's important exposition on building national defense and the armed forces under new circumstances: main content and significance.*

Chapter III International Strategic Environment

- An overview of the international strategic environment: strategies and strategic environment; basic elements of strategy;*
- International strategic pattern: current situation, characteristics and development trend;**
- China's surrounding security environment: evolution and status quo, development trend, the approach to national security.**

Chapter IV Cutting-Edge Military Technology

 An overview of cutting-edge military technology: concepts and classifications, development trends, and influence on modern operations;



| | The use of cutting-edge technology in the military sector: guidance technology, stealth and camouflage technology, reconnaissance and surveillance technology, electronic warfare, aerospace technology, automated command technology, nuclear, biological and chemical technology and protection.** Chapter V Information-Based Warfare • An overview of information-based warfare: meaning, connotations of the new revolution in military affairs; • The basic characteristics of information-based warfare: characteristics and development trends;** Information-based warfare and building national defense: new national defense concept**, national defense education, and preparation for local war. |
|------------------------------------|--|
| Examination forms | Attendance (30%): no late arrivals, no early departures, no unauthorized absences; compliance with class discipline, etc., assigmnents and reports; 2. Final assessment (70%): open-book. Students can bring their own textbooks and notebooks into the examination room Copies and printouts are not allowed to bring into the examination room. |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. Achieve a score of 60 points or above. |
| Reading list | 1. Required books XU Yang. YAN Yunlou. A Coursebook of Military Theory. Beijing: China Human Resources and Social Security Publishing Group, 2015. 2.Reference books [1] LI Xiande. A New Coursebook for Colleges and Universities on Military Theory and Skills. Beijing: National Defense University Press, 2012. [2] ZHANG Guoqing, XI Jirong. A Coursebook of Military Theory. Shanghai: Tongji University Press, 2010. [3] SUN Peilei, HUANG Tiegang, ZHANG Guoqing. Military Theory and Military Skills. Shanghai: Tongji University Press, 2006. |



| Module designation | Basic Principles of Marxism |
|---|--|
| Semester(s) in which the module is taught | 2rd semester |
| Person responsible for the module | Hongjue Yan |
| Language | Chinese |
| Relation to curriculum | Compulsory Introduction to Basic Principles of Marxism is a general education course about political theories offered for an undergraduate students. This course systematically introduces the basic theory of Marxism in three parts: Marxist Philosophy, Marxist Political Economy and Scientific Socialism Theory Upon completion of this course, students will be able to master the key points of the Marxist theory, gradually establish a Marxist world view, learn to use the basic principles of Marxism to analyze and size up real-world problems, and improve their theoretical and thinking skills and problem-solving abilities. |
| Teaching methods | Lesson and practice |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 90 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 48hours (lesson=32hours, experiment/practice= 16hours) Private study including examination preparation, specified in hours: 42 hours |
| Credit points | 3.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | The task of this course is to make students love the socialist motherland, support the leadership of the Communist Party of China, and have the awareness of rule of law, professionalism and professional ethics. Knowledge: |
| | Understand the basic views of the Marxist theory; |
| | 2. Master the Marxist worldview and methodology; |
| | 3. Have a correct outlook on life and values, and lay a solid theoretical foundation for consciously adhering to the basic theory, basic line and basic program of the Communist Party of China. |
| | Skill: |
| | 1. Be able to observe and analyze problems with the basic |
| | Marxist standpoint and methods; |
| | 2. Be able to analyze and understand real-world problems; |



| Appendix A-10 Module 1 | |
|------------------------|---|
| | 3. Be able to use the Marxist theory to analyze problems and have excellent ability of rational judgment |
| | Competence: |
| | Establish a correct outlook on the world, life and values; have a correct understanding of lifelong learning, have the ability to continuously learn and adapt to development, have humanistic and social science literacy; enhance the sense of social responsibility and professional ethics. |
| Content | Part A Theoretical teaching (32 contact hours; 30 self-study hours) |
| | Chapter 1 Introduction (6 contact hours; 5 self-study hours) |
| | • The scientific theoretical system, essential characteristics and quality of Marxism;* |
| | The development of Marxism in the contemporary era; |
| | A correct outlook on life, the world and values. |
| | Chapter 2 The Material World and Its Development Law (6 contact hours; 5 self-study hours) |
| | The basic viewpoint of Marxism on the origin of the world; |
| | Practice is the starting point for Marx to establish a new world outlook;* |
| | The basic laws of materialist dialectics.** |
| | Chapter 3 Know the World and Transform the World (6 contact hours; 6 self-study hours) |
| | Active response theory of dialectical materialism epistemology;* |
| | • The process of cognition is the unity of perceptual cognition and rational cognition, and is a cyclical process from practice to cognition and then from cognition to practice;* |
| | Practice is the only criterion for testing truth, and truth is the unity of absolute truth and relative truth.* |
| | Chapter 4 Human Society and Its Development Law (6 contact hours; 5 self-study hours) |
| | The content of the two laws of Marxism on social movements* |
| | • The content of Marx's viewpoint on the role of the masses in history.* |
| | Chapter 5 The Formation and Nature of Capitalism (6 contact hours; 5 self-study hours) |
| | • Labor Theory of Value Theory of Surplus Value Theory of Capital |

- Movement;
- Related theories of Marxist political economy;*
- The scientific nature of Marx's basic judgment on capitalist society;*
- $\bullet \ \, \textit{The inevitability for socialism to replace capitalism}.$

Chapter 6 The Historical Development of Capitalism (6 contact hours; 5 self-study hours)



- The development of capitalism from free competition to monopoly and the development trend of monopoly capitalism;**
- The nature of state monopoly capitalism and economic globalization;
- The characteristics of the new changes and the essence of contemporary capitalism;*
- The historical inevitability that capitalism must be replaced by socialism.*

Chapter 7 Socialist Society and Its Development (6 contact hours; 5 self-study hours)

- The development process of socialism from theory to practice; the basic characteristics of socialism;*
- The scientific standpoint and method of Marxist classical writers in foreseeing the future society;**
- The main viewpoints of Marxist classical writers on the basic characteristics of communist society.

Chapter 8 Communism is the loftiest Social Ideal of Mankind

(6 contact hours; 6 self-study hours)

- The arduousness and long-term nature of socialist construction in economically and culturally backward countries;
- The historical necessity and long-term nature of the realization of communism; the lofty ideal of communism, the cause of building socialism with Chinese characteristics. **

Part B Practice teaching (16 contact hours; 12 self-study hours)

Classroom discussions

(6 contact hours; 4 self-study hours)

• Each semester, no less than 3 class discussions and keynote speeches are organized, focusing on the social practice experience in Knowledge and Practice Class and hotspot issues. In principle, students should speak out of text. The discussions are organized by students themselves under the guidance of the lecturer. After each discussion, the lecturer comments on students 'speeches.

Reading required books

(6 contact hours; 4 self-study hours)

• All students should read the required books carefully and write a reading summary for each chapter. The reading summary consists of a chapter summary (500 Chinese characters, before the end of the chapter) + study notes (300 Chinese characters, after the end of the chapter).

Industry-university cooperation or social practice activities (4 contact hours; 4 self-study hours)

• Students are required to write about 1,000 Chinese characters of personal experiences based on industry university cooperation, phenomena observed during social practice and personal feelings. Students who have not cooperation can write their own experiences



| | about a phenomenon observed in daily life or their university life. The requirements are the same as those for students participating in industry -university cooperation. |
|------------------------------------|--|
| Examination forms | 1. In-class performance (20%): classroom discussion, |
| | classroom participation, flipping classroom, etc.; |
| | 2. Assignments (30%): homework, self-regulated learning, etc.; |
| | 3. Final assessment (50%): final exam. |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |
| | (1) ZHUANG Yougang. Selected Readings of Marxist Original Works (Second Edition). Suzhou: Soochow University Press, 2014. |
| | 2.Reference books |
| | [1] Marx and Engels. Selected Works of Marx and Engels (Volumes 1-4). Beijing: People's Publishing House, 1995. |
| | [2] Lenin. Selected Works of Lenin(Volumes 1-4), Beijing: People's Publishing House, 1995. |
| | [3] GU Hailiang. History of Marxism. Beijing: China Rerunin University Press, 2009. |
| | [4] David McLellan (USA), translated by LI Zhi. Marxism afterMarx. Beijmg: ChinaRenmin University Press,2008 |



| Module designation | Ethics and Rule of Law |
|---|---|
| Semester(s) in which the module is taught | 2rd semester |
| Person responsible for the module | Ке Ма |
| Language | Chinese |
| Relation to curriculum | Compulsory Ideological, Moral Cultivation and Law Basis is one of the ideological and political theory courses offered in Chinese colleges and universities. This course aims to improve the moral quality and legal literacy of students and enable them to establish a correct outlook on the world, life, values and law and develop a perfect personality, so that they love the socialist motherland, support the leadership of the Communist Party of China, and have the awareness of rule of law, professionalism and professional ethics. Specific objectives and expected outcomes are as follows: enable students to have moral qualities essential for citizens, strong legal awareness and basic legal knowledge; guide students to establish a correct view of marriage and career and understand the social value of work an(life; guide students to develop a sound personality and fine moral character; educate students on core socialist values so that they become excellent modem citi7ens |
| Teaching methods | Lesson and practice |
| Workload (incl. contact hours, | (Estimated) Total workload:48 hours |
| self-study hours) | Contact hours (please specify whether lecture, exercise, laboratory session, etc.):48 hours (Theoretical teaching: 32 hours, Experiment/practice teaching: 16 hours) |
| | Private study including examination preparation, specified in hours: 42 hours |
| Credit points | 3.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | This course aims to improve the moral qualities and legal awareness of students, and enable them to establish a correct outlook on the world, life, values and law and develop a perfect personality, so that they love the socialist motherland, support the leadership of the Communist Party of China, and have the awareness of rule of law, professionalism and professional ethics. |
| | Knowledge: |
| | Fine ideological and moral qualities, qualities essential for citizens, strong legal awareness and legal knowledge; |
| | 2. A correct view of marriage and career; understanding the social value of work and life; |



Skill:

- 1. Students can establish a correct view on their university and future life;
- 2. Students can improve their personalities and moral qualities, treat society-family-individual relationships dialectically, and establish a scientific outlook on life and correct values;
- 3. Students can establish a rational awareness of the rule of law and correct social cognition and acquire excellent interpersonal communication skills.

Competence:

Students can prove their moral qualities and legal awareness, establish a correct outlook on the world, life, values and law and develop a perfect personality, love the socialist motherland, support the leadership of the Communist Party of China, and have the awareness of rule of law, professionalism and professional ethics.

Content

Part A Theoretical teaching (32 contact hours; 32 self-study hours)

Chapter 1 Cherish University Life Open up New Prospects (4 contact hours; 4 self-study hours)

- The nature, significance and learning methods of Ideological, Moral Cultivation and Law Basis;
- The nature of the university;
- The characteristics and challenges of university life;
- The goal of university students to become talents and ways and approaches.

Chapter 2 Pursue Lofty Ideals Remain Committed to Sublime Convictions (4 contact hours; 4 self-study hours)

- The essence and implications of ideals and convictions;
- The significance of ideals and convictions to the growth of university students and the development of a nation;
- The ways and approaches of turning ideals into reality in practice.

Chapter 3 Inherit the Tradition of Patriotism Carry forward the Chinese Spirit (4 contact hours; 4 self-study hours)

- The scientific implications and contemporary significance of patriotism;
- The unity of patriotism, socialism and love for the Communist Party of China;
- The distinction between cosmopolitanism, nationalism and patriotism in the real world;
- Be a loyal patriot.

Chapter 4 Comprehend the True Meaning of Life Create the Value of Life (4 contact hours; 4 self-study hours)



- The scientific implications of the outlook on life and the value of life;
- The standard and evaluation of the value of life;
- Have a correct view on life and the growth environment and create a valuable life in practice.

Chapter 5 Learn Moral Theory Lay Emphasis on Moral Practice (4 contact hours; 4 self-study hours)

- An overview of moral theory;
- Socialist morality campaign and socialist market economy;
- Serving the people is the core of the socialist morality camp 47 an;
- Collectivism is the principle of the socialist morality campaign;
- Basic moral standards for Chinese citizens.

Chapter 6 Understand the Spirit of the Law Uphold the Authority of the Rule of Law (4 contact hours; 4 self-study hours)

- The concept of law and its evolution;
- The basic principles and system established by China's Constitution and the socialist legal system with Chinese characteristics;
- Establish the consciousness and way of thinking of socialist rule of law; firmly uphold the authority of law.

Chapter 7 Understand the Spirit of the Law Uphold the Authority of the Rule of Law (4 contact hours; 4 self-study hours)

- The concept of law and its evolution;
- The basic principles and system established by China's Constitution and the socialist legal system with Chinese characteristics;
- Establish the consciousness and way of thinking of socialist rule of law; firmly uphold the authority of law.

Chapter 8 Abide by the Norms of Conduct Cultivate Noble Character (4 contact hours; 4 self-study hours)

- An overview of morality and law in public life;
- Morality and law in professional life;
- Morality and law in marriage and family life;
- Morality and law in the cultivation of personal morality.

Part B Practice teaching (16 contact hours; 10 self-study hours) Flipping classroom (10 contact hours; 6 self-study hours)

• After the students have mastered the basic principles of each chapter, the lecturer selects relevant practice problems of universal significance, organizes five classroom discussions accordingly, and assigns homework to students in advance. Students participate voluntarily. Students consult materials, prepare lecture notes, have group discussions, and give presentations on relevant topics in class. The lecturer is mainly responsible for leading, commenting and prompting.

Practical case training

(6 contact hours; 4 self-study hours)



| | The lecturer designs some practical topics according to the overall framework of Knowledge and Practice Class—an ideological and political theory course and the theme of "cultivation of modem citizens' morality and legal consciousness" and organizes students to carry out moral and social practice activities in groups. Topics are selected according to the actual situation in each semester. Students are required to write practice reports and communicate with each other in accordance with provisions, so as to strengthen their ability in moral and social practices. |
|------------------------------------|--|
| Examination forms | In-class perfomfomence (30%): in-class study performance: writing a piece of study notes of 500 Chinese characters for each lecture; flipping classroom; meeting the basic requirements for class (no late arrivals, no early departures, and no unauthorized absences). Assigrunents (20%): practice sessions: participating in social and moral practices and writing the practice report. |
| | 3. Final assessment (50%): open-book final exam. |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |
| | [1] LIU Shaoqi. On the Cultivation of Party Members. Beijing: |
| | People's Publishing House, 2002. |
| | 2.Reference books |
| | [1] Writing Group. Cultivate and Practice Core Socialist Values. Beijing: People's Publishing House, 1st edition, 2014. |
| | [2] The full text of the Outline for the Implementation of the Civic Morality Campaign. People's Daily Online, 2013-02-01. |
| | [3] Schopenhauer. The Wisdom of Life. Shanghai: Shanghai People's Publishing House, 2008. |
| | [4] Fromm. The Art of Loving. Shanghai: Shanghai Translation Publishing House, 2008. |
| | [5] FENG Youlan. A Brief History of Chinese Philosophy. Beijing: Peking University Press, 2010. |
| | [6] Alexander. The Art of Life. Beijing: Huayi Publishing House, 2008. |
| | [7] HONG Yingming, Commentary by HAN Shiyuan. Cai Gen Tan: Tending the Roots of Wisdom (Comment and Analysis). Beijing: Contemporary World Press, 2008. |



| Module designation | Mental Health of University Students |
|---|--|
| Semester(s) in which the module is taught | 2 nd semester |
| Person responsible for the module | Xiao Yuan |
| Language | Chinese |
| Relation to curriculum | In accordance with the needs of social development and the characteristics of physical and mental development of college students, we help students to master mental health knowledge and skills, establish a sense of self-help and mutual assistance, learn to face setbacks and difficulties rationally, improve the psychological quality of college students, enhance their mental health and develop their mental potential. |
| Teaching methods | lecture |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 60 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 32 hours (lecture) Private study including examination preparation, specified in hours: 28 hours |
| Credit points | 2.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended | Knowledge: |
| learning outcomes | enable students to clarify the standards and significance of mental health, enhance the awareness of self-mental health care and psychological crisis prevention to master and apply the knowledge of mental health. Skill: |
| | Cultivate the ability of self-cognition, interpersonal communication and self-regulation. Interpersonal communication ability, self-regulation ability, effectively improve psychological quality, and promote the overall development of students. |
| | Competence: |
| | Emphasis is placed on popularizing mental health knowledge, strengthening mental health awareness, identifying psychological anomalies, enhancing social adaptability, developing self-psychological potential, mastering mental health care skills, and providing college students with methods of psychological adjustment and guidelines for psychological self-help. |



Content

Chapter 1 Overview of College Students' Mental Health

Meaning of mental health, main influencing factors, developmental tasks and life adaptation at the college stage, the concept of physical and mental health, the importance of health, and the methods of mental fitness.

Chapter 2: Shaping Sound Self-awareness of College Students

Concept, content, structure and developmental characteristics of self-awareness, standards of sound self-awareness and methods of shaping healthy self-image, deviations of self-awareness and methods of debugging.

Chapter 3 Personality Development and Mental Health of College Students

The concept of personality, influencing factors and major personality theories, methods of personality test, the process of personality development and methods of personality improvement.

Chapter 4 Learning Psychology of College Students

Meaning and characteristics of learning, motivation and interest in learning, learning strategies

Chapter 5 Career Planning and Life Design during College

Concepts of career and career planning, stages of career development and corresponding developmental tasks, career resilience, vocational literacy and creative awareness.

Chapter 6 Interpersonal Relationships of College Students

Meaning, theories, functions and influencing factors of interpersonal relationships, problems in interpersonal relationships and ways to cope with them.

Chapter 7 Cultivation of Healthy Love and Sexual Psychology in University

Laws, characteristics and problems of the psychological development of love among university students, development of sexual psychology and characteristics of the sexual psychology of university students, problems of the sexual psychology of university students and ways to adjust them.

Chapter 8: Emotion Management for College Students

The nature, types and functions of emotions, common emotional problems of college students, physiological mechanisms of emotions, and methods of emotion transformation.

Chapter 9 Stress Management for College Students

Definition, sources of stress and its effects, definition, types of frustration and the meaning behind them, coping with stress and frustration.

Chapter 10 Life Education and Psychological Crisis Response for University Students

Process and meaning of life, process and confrontation of loss, meaning, characteristics, mechanism of crisis, response and prevention.

Chapter 11 Psychological Counseling for University Students

The working objects, settings, and different forms of psychological counseling, common theoretical schools of counseling, resources of



| | counseling, mental disorders and their diagnosis as well as coping measures. Difficulties in this chapter] How to use the resources of psychological counseling |
|------------------------------------|--|
| Examination forms | Exam (60%) Attentence (20%) In-class performance (20%) |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. Achieve a score of 60 points or above. |
| Reading list | Required books: Mental Health of College Students, Feng Zhengyu and Li Yan, Higher Education Press, 2021-12 |
| | Reference books: [1] Yu Guoliang. Mental health of college students [M]. Beijing:Beijing Normal University Press,2022-8 [2] Xia Cuicui. Mental health education of college students [M]. Beijing: People's Post and Telegraph Press, November 2022 [3] Sang Biao, ed. Mental health of college students [M]. Shanghai:Shanghai Education Press, July 2014 [4] Fan Fuming, ed. Group Counseling [M]. Shanghai:East China Normal University Press, July 2010 [5] Xu Yan. Personality psychology (2nd ed.) [M]. Beijing:Beijing Normal University Press , June 2020 [6][US] Marcy P. Driscoll. The psychology of learning [M]. Beijing:People's Posts and Telecommunications Press , May 2023 |



| Module designation | Introduction to Mao Zedong Thought and the Theoretical System of Socialism with Chinese Characteristics |
|---|---|
| Semester(s) in which the module is taught | 3 rd semester |
| Person responsible for the module | Fang Liu |
| Language | Chinese |
| Relation to curriculum | Compulsory |
| | Introduction to Mao Zedong Thoughts and the Theoretical System of Socialism with Chinese Characteristics with Chinese Characteristics gives a picture of the historical process of combining the basic principles of Marxism with the reality of China by the Communist Party of China (CPC) and introduces the two theoretical achievements in adapting Marxism to the Chinese context, in order to enable students to master the basic principles of Mao Zedong Thought, Deng Xiaoping Theory, the Theory of Three Represents, and the Scientific Outlook on Development, and to strengthen their ideals and convictions in following the path of socialism with Chinese characteristics under the leadership of the CPC. |
| Teaching methods | Lesson |
| Workload (incl. contact hours, | (Estimated) Total workload: 90 hours |
| self-study hours) | Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 48 hours (Theoretical teaching: 32 hours, Experiment/practice teaching: 16) |
| | Private study including examination preparation, specified in hours: 42 hours |
| Credit points | 3.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | The task of this course is to educate students about Mao Zedong Thought and the theory of socialism with Chinese characteristics, so that they can master Mao'Zedong Thought and the basic theories of socialism with Chinese characteristics. |
| | Knowledge: |
| | 1. Understand Mao Zedong Thought; |
| | 2. Master the basic theories of socialism with Chinese characteristics; |
| | 3. Deepen the understanding of the path of socialism. |
| | Skill: |
| | 1. Have correct ideas and foster ideals and convictions; |
| | 2. Understand the theory of socialism with Chinese characteristics and the path of socialism; |



| 3. Be able to identify and analyze the path of building socialism with |
|--|
| Chinese characteristics and solve social problems. |
| Competence: |
| Students are well-prepared to join the socialist cause with Chinese |

Students are well-prepared to join the socialist cause with Chinese characteristics with lofty ideals, moral integrity, better education and good sense of discipline, thereby fostering ideals and convictions to follow the path of socialism with Chinese characteristics under the leadership of the CPC.

Content

Part A Theoretical teaching (32 contact hours; 30 self study hours)

Chapter 1 Two Theoretical Achievements in Adapting Marxism to the Chinese Context (3 contact hours; 2 self-study hours)

- Overview: In modem China, people chose Marxism, which is a historical necessity;*
- The scientific system, main content, essence and interrelation of the two theoretical achievements.**

Chapter 2 The Theory of the New Democratic Revolution (4 contact hours; 4 self-study hours)

- The theory of the New Democratic Revolution: The formation, basic content and significance of the theory of the New Democratic Revolution;*
- The theory of the New Democratic Revolution is the crystallization of the practical experience of Chinese revolutions, a guide to the victory of Chinese revolutions, and an important theoretical achievement in adapting Marxism to the Chinese context.*
- The history of Chinese revolutions; understand the law of development of Chinese revolutions.*

Chapter 3 The Theory of Socialist Transformation (3 contact hours; 3 self-study hours)

- The idea of transformation from new democracy to socialism;*
- The general line of the CPC in the transition period and its theoretical basis;*
- The path of socialist transformation and historical experience;*
- The establishment of the basic socialist system in China, the theoretical basis and its significance.*

Chapter 4 Theoretical Achievements in the Preliminary Exploration for the Path of Socialist Construction (3 contact hours; 3 self-study hours)

- Important ideological achievements, significance, experience and lessons in the preliminary exploration for the path of socialist construction;*
- The CPC's preliminary exploration for the path of socialist construction, major achievements, and important ideological achievements.*

Chapter 5 The Overall Basis of Building Socialism with Chinese Characteristics (4 contact hours; 4 self-study hours)



• China's basic national conditions;* • The basic line, basic program, specific principles, policies, and measures adopted by the CPC at the primary stage of socialism.**

Chapter 6 The Essence of Socialism and the Overall Task of Building Socialism with Chinese Characteristics (4 contact hours; 4 self-study hours)

- The essence of socialism, the fundamental tasks andgoals of socialism, the scientific implications of and basic requirements for the Chinese Dream of national rejuvenation;**
- Confidence in the path, theory and system of socialism with Chinese characteristics. **

Chapter 7 Socialist Reform and Opening-up Theory (3 contact hours; 3 self-study hours)

- Reform and opening up are a great new revolution carried out by the Chinese people of all ethnic groups led by the Communist Party of China in the new era. The policy is vital to the fate of contemporary China and to the realization of the two centenary goals and national rejuvenation;**
- Reform and opening up are the self-improvement and development of the socialist system. It is essential to stick to the right direction;**
- The historical inevitability of reform and opening up.**

Chapter 8 The Overall Strategy of Building Socialism with Chinese Characteristics (4 contact hours; 4 self-study hours)

The CPC has determined the overall strategy step by step. From the initial "promoting economic development while raising cultural-ethical standards" to "developing China into a great modern socialist country that is prosperous, strong, democratic and culturally advanced", "building China into a great modern socialist country that is prosperous, strong, democratic, culturally advanced and harmonious", and then to "comprehensively promote development in economic, political, cultural, social and ecological fields", the practice of building socialism with Chinese characteristics has been continuously enriched and improved day by day.* The correctness of the path of building socialism with Chinese characteristics.**

Chapter 9 The Theory of Achieving China's Full Reunification (4 contact hours; 3 self-study hours)

- The formation and development of the concept of "peaceful reunification" and "one country, two systems";**
- The basic content and significance of the concept of "peaceful reunification" and "one country, two systems";**
- The successful practice of the concept of "one country, two systems" in Hong Kong and Macau;**
- The policy towards Taiwan under new circumstances.**

Part B Practice teaching (16 contact hours; 10 self-study hours) Social practice activities (8 contact hours; 6 self-study hours)

• In addition to theoretical (classroom) teaching, students are also organized to carry out social practice activities. Students are required to form a group of 3-5 people, choose one of the four topics to conduct



| | social research, write a research plan, and submit 3 research notes at the end of the semester. |
|------------------------------------|---|
| | Classroom communication and discussions (8 contact hours; 4 self- study hours) |
| | In addition to the course content, four classroom discussions on hotspot issued are organized. |
| Examination forms | 1. In-class performance (20%): attendance, study notes, and classroom participation; |
| | 2. Assigrunents (30%): assessments and homework; |
| | 3. Final assessment (50%): final assessment. |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |
| | [1] MAO Zedong. Selected Works of Mao Zedong (Volumes 1-4). Beijing: People's Publishing House, 1991. |
| | 2.Reference books |
| | [1] Theory Bureau of the Publicity Department of the CPC Central Committee. Study Book of Socialism with Chinese Characteristics. Beijing: Learning Press, 2013. |
| | [2] XU Zhihong, QIN Xuan. Introduction to Deng Xiaoping Theory and the Theory of Three Represents. Beijing: China Renmin University Press, 2003. |
| | [3] Theory Bureau of the Publicity Department of the CPC Central Committee. Six "Whys"—Answers to Several Important Questions. Beijing: Learning Press, 2009. |
| | [4] XI Jinping. Unswervingly Follow the Path of Socialism with Chinese Characteristics and Build a Moderately Prosperous Society in All Respects. Beijing: People's Publishing House, 2012. |



| Module designation | Employment Guidelines for University Students |
|---|---|
| Semester(s) in which the module is taught | 7 th semester |
| Person responsible for the module | Zhiheng Sheng |
| Language | Chinese |
| Relation to curriculum | Compulsory This course is based on the professional knowledge, skills and humanistic qualities of college students. Its purpose and task are to help college students understand China's employment situation and policies, guide college students to fully understand themselves, and reasonably adjust their career expectations Meanwhile, this course is also dedicated to helping students establish a correct outlook on career development, enhance their awareness of competition in job market, acquire the basic knowledge and skills for job seeking, and understand the features and functions of the job market for college students, so as to improve their ability and obtain employment, with an aim to ultimately guide and help college students to become employed. |
| Teaching methods | Lesson, discussion, practice |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 30 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 8 hours (Theoretical teaching + discussion + practice Contact hours: 8 hours) Private study including examination preparation, specified in hours: 22 hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | Knowledge: understand the classification of social occupations, position settings, and professional knowledge and ability requirements. Establish a positive and correct employment attitude. Skill: Help students to adopt a more scientific and comprehensive approach to analyze themselves, so as to have a deeper understanding of their own interests, personality, and ability tendencies, thus making targeted self-adjustment and ability reserve. Help students establish professional awareness, increase professional interest, initially determine their career development direction, so as to lay a foundation for establishing a career planning program that suit them. Competence: |



| | Help students acquire skills to establish good cooperative relationships with classmates, teachers, superiors, and colleagues. Decision-making and career planning ability requirements: guide students to design relatively reasonable an implementable professional knowledge and ability reserves! and action plans. Help students adapt to the transition fro student to employee as soon as possible, and enhance the ability to adapt to competition in the job market. Help students successfully achieve their future career goals. |
|------------------------------------|--|
| Content | Chapter 1. Introduction Chapter 2. Mysteries of career world* Chapter 3. Self-exploration and cognition Chapter 4. Career choice and decision-making** Chapter 5. Career development and management* chapter 6. Occupational psychology and adaptation Chapter 7. Rise to the challenges in your career: Taking the first step in your career*** Chapter 8. Aim in the right direction: set your goal chapter 9. Three practices: Getting fully ready for job search* Chapter 10. Secure your success: Deciphering the winning code** chapter 11. Be resourceful: Early adaptation in career Chapter 12. Finding a new path to success: Self-employment practice |
| Examination forms | Class attendance (no late arrivals, early departures, or mauthorized absences) 60%. Assignment (resume development, participation in job fairs, etc.) 20%. Career plan20% |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. Achieve a score of 60 points or above. |
| Reading list | YE Zheng. Course Planning and Employment Guidance course for College Students. Science Press. ZHONG Gulai, YANG Kai. Career Development an planning for College Students, East China Normal Universi press. QIAO Gang. Career Planning and Management for Colleg Students. Fudan University Press. GOU Chaoli. Towards Success: Career Planning an employment Guidance for College Student. Higher Education Press. |



| Module designation | History of Communist Party of China |
|---|--|
| Semester(s) in which the module is taught | 3 rd semester |
| Person responsible for the module | Meili Wang |
| Language | Chinese |
| Relation to curriculum | Compulsory This course is a restricted elective course in the ideological and political theory courses. It is designed to deeply implement the important instructions and instructions of General Secretary Xi Jinping on deepening the reform and innovation of ideological and political theory courses and strengthening the education of "Four Histories". The requirement for students is to choose one of the four political and ideological theory courses, namely "The History of the Communist Party of China", "The History of New China", "The History of Reform and Opening-up of China", and "The History of Socialism", during their four years of college study. |
| Teaching methods | Lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 30 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 16 hours Private study including examination preparation, specified in hours: 14 Hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | Knowledge: Profoundly understand how history and the people have chosen Marxism, the Communist Party of China, the socialist road, and the reform and opening up, and deeply understand why the Communist Party of China works, why Marxism works, and why socialism is good. Skill: By studying the history of the Communist Party of China, students can establish a firm understanding of dialectical materialism, improve their ability to use scientific historical methods to analyze and solve problems, and clarify the main themes, main lines, and essence of modem and contemporary Chinese history. Competence: The goal is to enable students to master the materialist conception of history, and develop their ability to analyze and view problems correctly. |



Content Part A. Theoretical Teaching (16 contact hours; 14 self-study hours) 1. The founding of the Communist Party of China and its participation in the Great Revolution (3 contact hours; 2 self-study hours) To understand the historical background of the founding of the Communist Party of China; To understand the process of the establishment of the Communist Party of China; Understand the cooperation between the Communist Party of China and the Nationalist Party and the Chinese revolution. 2. Unleashing the storm of the Agrarian Revolution (3 contact hours; 2 self-study hours) To understand what is the new path of the Chinese revolution; To learn about important meetings such as the August 7th Meeting, the Sanwan Reformation and the Gutian Conference. 3. The Backbone of the Chinese People's War of Resistance Against Japanese Aggression (2 contact hours; 2 self-study hours) To understand that the Communist Party of China held high the banner of the Anti-Japanese National United Front during the War of Resistance Against Japanese Aggression. To grasp the sinicized Marxism-Mao Zedong Thought; To comprehend that the victory in the War of Resistance against Japan was a major turning point in the revival of the Chinese nation from decay to revival. 4. Seizing the national victory of the New Democratic Revolution (2 contact hours; 2 self-study hours) The three major assets that enabled the New Democratic Revolution to achieve full victory; The great military significance of the strategic decisive battles focusing on the "Three Battles"; the drawing up of the blueprint for the new China and the birth of the new China by the Second Plenary Session of the Seventh Central Committee held on the eve of the revolutionary victory; The hard-won and important significance of the victory of the New Democratic Revolution. 5. The founding of the People's Republic of China and the establishment of the socialist system (2 contact hours; 2 self-study To understand what efforts the Communist Party of China made to consolidate the new regime; To understand the general line of the Party during the transition period and its implementation; To understand how the basic system of socialism was established. 6. Socialist construction in China through a period of exploration and twists and turns (2 contact hours; 2 self-study hours) Learning what explorations the Communist Party of China carried out during the socialist construction period. Understanding the failures and lessons learned in the process.



| | 7. The great historical turnaround and the creation of socialism with Chinese characteristics (2 contact hours; 2 self-study hours) |
|------------------------------------|--|
| | The Third Plenary Session of the Eleventh Central Committee of the Party achieved a great historical turnaround with the discussion on the standard of truth. |
| | Understanding the background of the Resolution on Certain Historical Issues of the Party since the Founding of the PRC; |
| | Learning how the reform and opening up started and how it was laid out. |
| Examination forms | Final score includes: |
| | 1. in-class petformance (50%): Class participation, discussion |
| | 2. Final assessment (50%): Final assessment |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |
| | Editors: A Brief History of the Communist Party of China, People's Publishing House, 2021 edition. |
| | 2.Reference books |
| | [1] Xi Jinping: On the History of the Communist Party of China, Central Literature Publishing House, 2021. |
| | [2] The Institute of Party History and Literature of the Central Committee of the Communist Party of China: Selected Excerpts on the Historical Discourse of the Communist Party of China by Mao Zedong, Deng Xiaoping, Jiang Zemin, and Hu Jintao, Central Literature Publishing House, 2016. |
| | [3] Publicity Department of the CPC Central Committee: Questions and Answers on Studying Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, Learning Press, 2021. |
| | [4] Editors: A Brief History of the Communist Party of China, People's Publishing House, 2021. |
| | [5] Bu Ping, Wang Jianlang: A History of the War of Resistance against Japan in China, Social Sciences Academic Press, 2019. |
| | 3. Other materials |
| | [1] PPT courseware (self-compiled) |



| Module designation | History of New China |
|---|---|
| Semester(s) in which the module is taught | 3 rd semester |
| Person responsible for the module | Please indicate a specific person. |
| Language | Chinese |
| Relation to curriculum | Compulsory This course is a restricted elective course in the ideological and political theory courses. Students are required to choose one of the four political theory courses, including Party History, History of New China, History of Reform and Opening Up, and History of Socialism, during their four years of study. |
| Teaching methods | e.g. lecture, lesson, lab works, project, seminar etc. |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 30 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 16 hours Private study including examination preparation, specified in hours: 14 hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | Knowledge: Inspiring students with the history and achievements of the new China and giving them a clear direction; Skill: Students will develop the basic ability to apply the Marxist materialistic view of history to interpret the major historical events and figures in the national history of the People's Republic of China. Competence: Students will develop theoretical thinking skills to view and analyze contemporary Chinese history and reality with a developmental perspective |
| Content | Part A. Theoretical Teaching (16 contact hours; 14 self-study hours) 1. The founding of the People's Republic of China (3 contact hours; 3 self-study hours) Fully realizing the great significance of the founding of New China, which marks the end of China's semi-colonial and semi-feudal society. Learning about the national conditions before and at the beginning of the founding of the country, and the unremitting efforts of the new government to consolidate the new regime. |



| | 2. The establishment of the socialist system in China (3 contact hours; 2 self-study hours) |
|------------------------------------|---|
| | The content of the three major reforms and the implementation results of the first five-year plan; |
| | Understanding the mechanism of operation of the People's Congress system. |
| | 3. Socialist construction develops in a tortuous manner through explorations (3 contact hours; 2 self-study hours) |
| | Understanding that the convening of the Eighth Communist Party Congress was a great attempt by the Communist Party of China to explore a socialist path suitable for China's situation; |
| | Grasping the significance and limitations of formulating the general plan for socialist construction; |
| | Understanding the historical background of the "Great Leap Forward" and the People's Commune Movement. |
| | 4. A decade of turmoil during the "Cultural Revolution" (3 contact hours; 2 self-study hours) |
| | Understanding the historical and social reasons for Mao Zedong's "Cultural Revolution". |
| | The three stages of the Cultural Revolution. |
| | 5. The realization of a great historic turnaround (2 contact hours; 2 self-study hours) |
| | Understanding the reasons why China's development languished in the two years following the end of the Cultural Revolution; |
| | Recognizing the significance of the great discussion on the criterion of truth. |
| | 6. Reform and opening up and the new situation of socialist modernization (2 contact hours; 2 self-study hours) |
| | Understanding the formulation of the 'readjustment, reform, rectification, and improvement' policy for the national economy; |
| | The significance of rural reform for China's socialist modernization. |
| Examination forms | Final score includes: |
| | 1. In-class Performance (50%): Attendance and in-class performance; |
| | 2. Final assessment (50%): Final assessment. |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |
| | [1] Editors: A Brief History of the People's Republic of China, People's Publishing House, Contemporary China Press, 2021. |
| | 2.Reference books |
| | [1] Resolution of the Central Committee of the Communist Party of China on the Major Achievements and Historical Experiences of the Party's Centennial Struggle, People's Publishing House, 2021. |



[2] The Institute of Party History and Literature of the Central Committee of the Communist Party of China: One Hundred Years History Press, 2022.

[3] Institute of Contemporary China: History of the People's Republic of China 5volumes, People's Publishing House, 2012.

[4] Central Documentary Research Office of the Communist Party of China, ed: Selected Important Documents Since the Founding of the People's Republic of China, Vol.1-20, Central Literature Publishing House, 2011.

[5] Pang Xianzhi, Jin Chonghe: A Biography of Mao Zedong, Central Literature Publishing House, 2011.

3. Other materials

[1] PPT courseware (self-compelled)



| Module designation | History of Reform and Opening Up |
|---|--|
| Semester(s) in which the module is taught | 3 rd semester |
| Person responsible for the module | Ennai He |
| Language | Chinese |
| Relation to curriculum | Compulsory This course is a selective course in the ideological and political theory courses, mainly teaching the valuable experience accumulated in more than 40 years of reform and opening up, running through all explorations and practices since the Third Plenary Session of the Eleventh Central Committee of the Communist Party of China. It is a big step for the great rejuvenation of the Chinese nation, realizing the historical goal of national prosperity, strength, and common prosperity of the people. It helps students to understand the national history and situation, deeply understand how history and the people have chosen Marxism, chosen the Communist Party, chosen socialism, chosen reform and opening up, and establish a firm belief in following the path of socialism with Chinese characteristics under the leadership of the Communist Party of China. |
| Teaching methods | lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 30 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 16 hours Private study including examination preparation, specified in hours: 14 hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | Inspiring students with the development and achievements of reform and opening up, so that they can have a clear direction and establish the spirit of patriotism; cultivating the ability of students to apply the Marxist materialistic view of history to interpret the major historical events and major figures in the process of reform and opening up; Skill: Enabling students to have a basic grasp of the historical process and the main lines of development of socialist construction since the reform and opening up, and to have a comprehensive understanding of the brilliant achievements made by the reform and opening up; Competence: |



| | Students will develop theoretical thinking skills to view and analyze contemporary Chinese history and reality with a developmental perspective |
|---------|---|
| Content | Part A. Theoretical Teaching (16 contact hours; 14 self-study hours) |
| | 1. Reform and opening up kicked off (3 contact hours; 2 self-study hours) |
| | To understand the historical background, proposal and finalization of reform and opening up; |
| | To learn about the roots of reform and opening up and the goals and directions proposed during this period. |
| | 2. Reform and opening up in full swing (3 contact hours; 2 self-study hours) |
| | Understanding the content and significance of the 12 th and 13th National Congresses; |
| | Grasping the progress of the reform and opening up cause after the 12th and 13th National Congresses. |
| | The inconsistency between policy implementation and policy effects, and the correct understanding of the trials faced in the process of reform and opening up. |
| | 3. Spearheading a new situation of reform and opening up (2 contact hours; 2 self-study hours) |
| | To understand the background of the convening of the 15th Communist Party Congress; |
| | To grasp the historical status and guiding significance of Deng Xiaoping's theory; |
| | To comprehend the positive significance of the basic strategy of following the rule of law. |
| | 4. Reform and opening up deepened in scientific development (2 contact hours; 2 self-study hours) |
| | To understand the "Three Represents" ideology and the scientific outlook on development, which are important elements of the theory of socialism with Chinese characteristics; |
| | To understand the important contents of the 15th, 16 th and 17th National Congresses; |
| | To recognize the progress of the ideology and theory of the Communist Party of China. |
| | 5. Reform and opening up into a new era (2 contact hours; 2 self-study hours) |
| | To understand the significance of the 18th Party Congress on the road to building a moderately prosperous society in all aspects; |
| | To understand the importance of the 19th National Congress in the decisive stage of building a moderately prosperous society and the critical period of socialist development with Chinese characteristics. |
| | 6. Steadfastly deepening reform in every field (2 contact hours; 2 self-study hours) |
| | The direction and implementation policy for deepening reform in every field; |
| | The achievements of deepening reform in every field; |



| | Understanding the significance of deepening reform in every field. |
|------------------------------------|---|
| | 7. Steadfastly expanding a high level of openness to the outside world (2 contact hours; 2 self-study hours) |
| | The concrete initiatives and significance of new ideas, propositions and initiatives; |
| | Deeply understanding their significance to the great rejuvenation of the Chinese nation. |
| Examination forms | Final score includes: |
| | 1. Attendance (10%): No late arrivals, early departures, unexcused absences from class, etc. |
| | 2. In-class petformance (40%): In-class discussions and assignments; |
| | 3. Final assessment (50%): Examination. |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |
| | Editors: A Brief History of Reform and Opening Up, People's Publishing House, 2021. |
| | 2.Reference books |
| | [1] The Institute of Party History and Literature of the Central Committee of the Communist Party of China: A Chronology of Events in the Forty Years of Reform and Opening Up, Central Literature Publishing House, 2018. |
| | [2] Xie Fuzhan, Cai Fang, eds: China's Reform and Opening Up: Practice and Theory Exploration, China Social Science Press, 2021. |
| | [3] Shen Haixiong, Jiang Bin, Wang Jun, eds: A Study of Xi Jinping's Thought on Reform and Opening Up, People's Publishing House, 2018. |
| | [4] Cao Pu: A History of Reform and Opening up in Contemporary China, People's Publishing House, 2016. |
| | [5] Party History Research Office of the Shanghai Municipal Committee of the Communist Party of China, ed: A History of Shanghai's Reform and Opening Up, Shanghai People's Publishing House, 2019. |
| | [6] Party History Research Office of the Shanghai Municipal Committee of the Communist Party of China: Oral Narrative of Shanghai's Reform and Opening Up (1978-2018), Xuelin Publishing House, 2018. |
| | 3. Other materials |
| | [1] PPTcourseware (self-complled) |



| Module designation | History of Socialist Development |
|---|---|
| Semester(s) in which the module is taught | 3 rd semester |
| Person responsible for the module | Lizhou Song |
| Language | Chinese |
| Relation to curriculum | Compulsory |
| | The History of Socialism is a public political theory course for college students, an important part of the education of "Four Histories" and an elective course for the education of Marxism and the history of socialist development in higher education. |
| Teaching methods | lesson |
| Workload (incl. contact hours, | (Estimated) Total workload: 30 hours |
| self-study hours) | Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 16 hours |
| | Private study including examination preparation, specified in hours: 14 hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended | Knowledge: |
| learning outcomes | Recognizing the historical process of socialism's emergence, |
| | development, practice, setbacks and reemergence and its inherent |
| | laws, the important position of socialism in human history and the |
| | future; deeply understanding how history and the people chose Marxism, the CPC, the road to socialism and reform and opening up; |
| | and comprehending why the CPC works, why Marxism works and why socialism is good; |
| | Skill: |
| | Through the study of the history of socialist development, firmly |
| | establish the materialistic view of history, improve the ability to analyze |
| | and solve problems using the methodology of the scientific view of |
| | history, and clarify the theme and main line of the development of |
| | socialism, the essence, and the great significance of China's path of socialism. |
| | Competence: |
| | |
| | Students should develop the ability to correctly analyze and view |



Content

Part A. Theoretical Teaching (16 contact hours; 14 selfstudy hours)

The emergence and influence of Utopian socialism (3 contact hours; self-study hours)

The background of the emergence of Utopian socialism, renowned figures, the development process and its influence on the birth of scientific socialism.

2. Reform and opening up in full swing (3 contact hours; 2 self-study hours)

The expansion of the ranks of the working class and the rapid development of the workers' movement.

The three major workers'movements in Europe in the 1930s and 1940s, and the historical contributions of Marx and Engels to the birth of scientific socialism;

The representative work of scientific socialism, its essence and connotation.

3. The Victory of the October Revolution and the Practice of Socialism (2 contact hours; 2 self-study hours)

The historical background of the outbreak of the October Revolution in Russia and the goals of the struggle and its development;

The formulation of the 'victory of one country'theory; the relationship between the establishment of the socialist system and the socioeconomic situation in Russia;

The struggle to consolidate the first socialist state;

The relationship between wartime communist policies, Lenin's New Economic Policy and the building of socialism.

4. The formation of the Soviet model and its impact (2 contact hours; 2 self-study hours)

The planned economic system and the various construction initiatives of the Soviet Union in the process of building a socialist state, and the causes, characteristics, historical role and impact of the Stalinist model of the Soviet Union;

The impact of the Second World War on the international communist movement, overview of the post-war establishment and development of socialist systems in various countries;

The cold war between the capitalist camp and the socialist camp;

The spread and influence of socialist ideas in the capitalist camp.

5. The exploration and practice of the Communist Party of China's path of socialism (2 contact hours; 2 selfstudy hours)

The historical choice of the path of socialism in modern China;

The differences and connections between the New Democratic Revolution and socialist revolutions;

The achievements and twists and turns of China's socialist construction;

China's of socialism and the influence of the Soviet model on China;

The great historical significance of the socialist system for China's development.



| | 6. The Soviet Bloc Revolutions and the twists and turns of world socialism and its re-emergence (2 contact hours; 2 self-study hours) |
|------------------------------------|--|
| | Relations between the Soviet Union and the socialist countries of Eastern Europe; |
| | The collapse of the Soviet Union, the historical causes, processes, lessons and insights of the Eastern European upheaval; |
| | The re-emergence of socialism. |
| | 7. The establishment, development and impact of the path of socialism with Chinese characteristics (2 contact hours; 2 self-study hours) |
| | Reform and opening up and the development of China's path of socialism; |
| | The formation and development of the path of socialism with Chinese characteristics; |
| | The development of socialism with Chinese characteristics in the new era. |
| Examination forms | Final score includes: |
| | 1. in-class performance (50%): Attendance and in-class performance; |
| | 2. Final assessment (50%): Final assessment. |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |
| Reading list | 1. Required books |
| | Editors of A Brief History of the Development of Socialism: A Brief History of the Development of Socialism, People's Publishing House, Learning Press, 2021. |
| | 2.Reference books |
| | [1] Marx, Engels, The C ommunist Manifesto, Commemorative Edition, Single Volume (2018Revised Edition), Beijing: People's Publishing House, 2018. |
| | [2] Lu Nanquan, Zuo Fengrong, Pan Deli, et al. eds. After the Soviet Bloc Revolutions: Reflections on II 9 Issues, Beijing: Xinhua Publishing House, 2012. |
| | [3] Qin Weixian, Ye Zhudi, Alarm Bell- Focus on the Soviet Bloc Revolutions, Shanghai: SDX Joint Publishing, 2015. |
| | [4] Xiong Yuezhi, Zhang Weiwei, Ge Jianxiong, et al. 12 Open Lectures on the Four Histories, Shanghai: Shanghai Jiao Tong University Press, August 2020. |
| | [5] Ye Qingfeng, Bai Pinghao, editors, Outline of the History of Socialist Development, Central Party School Press, 2011. |
| | [6] Publicity Department of the CPC Central Committee: Questions and Answers on Studying Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, Learning Press, 2021. |
| | [7] Resolution on Certain Historical Issues adopted by the Sixth Plenary Session of the Seventh Central Committee of the Party in 1945; |



Resolution on Certain Historical Issues of the Party since the Founding of the People's Republic of China, adopted by the Sixth Plenary Session of the Eleventh Central Committee of the Party in 1981; Resolution of the Central Committee of the Communist Party of China on the Major Achievements and Historical Experiences of the Party's Centennial Struggle, adopted at the Sixth Plenary Session of the Nineteenth Central Committee of the Party in 2021.

3. Other materials

[1] PPT courseware (self-compiled)



| Module designation | Innovation and Entrepreneurship Education for University Students |
|---|--|
| Semester(s) in which the module is taught | 4 th semester |
| Person responsible for the module | Li Deng |
| Language | Chinese |
| Relation to curriculum | Compulsory Basic Education of College Students 'Entrepreneurship is offered to enable students to understand the importance of innovation for promoting the development and progress of human society, master the basic theories, thinking and approaches of entrepreneurship, stimulate their interest and enthusiasm for innovation and entrepreneurship, and improve their sense of social responsibility and entrepreneurial spirit, awareness and capabilities. This course aims to enable students to understand the laws of the entrepreneurial process and common problems in this regard. This course aims to cultivate students' innovative awareness, entrepreneurial spirit as well as resource integration, team building and other skills. It also aims to enable students to leverage entrepreneurial thinking, abide by the code of conduct, and acquire the ability to creatively analyze and solve problems, so as to lay a solid foundation for future studies and |
| | innovative and entrepreneurial practices. |
| Teaching methods | lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 30 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 16 hours Private study including examination preparation, specified in hours: 14 hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended learning outcomes | The task of this course is to teach students the basic theories of entrepreneurship, so that they master the basics of entrepreneurship and establish a sense of innovation and entrepreneurship. Students should be able to combine professional knowledge with innovation and entrepreneurship capabilities, improve their entrepreneurial abilities, stimulate their interest and enthusiasm for entrepreneurship, and enhance their sense of social responsibility, entrepreneurial spirit and awareness as well as innovative and entrepreneurial capabilities. Students will also have the theoretical foundation and application skills required for innovation and entrepreneurship competitions. Specific objectives include: |



Knowledge:

This course introduces the concept of entrepreneurship, the elements and types of entrepreneurship, innovative talents and environment, entrepreneurs and entrepreneurial teams, the relationship between innovation and entrepreneurship, and the business models of entrepreneurship, with a view to helping students establish a sense of innovation and entrepreneurship and increase their interest in entrepreneurship.

Skill:

Have a comprehensive understanding of common entrepreneurial models; master common entrepreneurial methods and approaches; understand the basic qualities that entrepreneurs should possess and the basic methods of forming and managing entrepreneurial teams; use the knowledge learned and the concept of team innovation to write a business plan.

Competence:

Cultivate students 'sense of innovation and entrepreneurship by teaching the basics of entrepreneurship, and improve their innovative abilities in an all-round way; explain the guiding significance of innovation theories to entrepreneurial practices so that students can fully understand entrepreneurial models and successful cases

Content

Part A Theoretical teaching (32 contact hours; 28 self-study hours) Chapter 1. Basics of Entrepreneurship (4 contact hour, 3 self-study hour)

- Master the basic theory of entrepreneurship;*
- Understand the origin and development of entrepreneurship and the current situation of entrepreneurship in China;*
- Understand the characteristics of entrepreneurship and the entrepreneurial process.*

Chapter 2. The Relationship between Entrepreneurship and Innovation (4 contact hour, 3 self-study hours)

- Understand the concept, characteristics, nature, principles and process of innovation;*
- Understand the relationship between entrepreneurship and innovation;*
- Master the concept and source of entrepreneurial capabilities and entrepreneurial consciousness and formula;*

Chapter 3. Entrepreneurial Thinking, Methods and Skills (4 contact hours, 3 self-study hours)

- Understand the concept and characteristics of entrepreneurial thinking and divergent thinking;*
- Master the basic approaches of innovation and entrepreneurship;*
- Be familiar with common entrepreneurial skills;*



| | Chapter 4. Entrepreneurial Environment and the Cultivation of Entrepreneurial Capabilities (4 contact hours, 3 self-study hours) |
|------------------------------------|---|
| | Get an understanding of the policies and regulations regarding |
| | college students 'entrepreneurship;* |
| | Get an understanding of the models of college students' entrepreneurship;** |
| | Be familiar with the ways to improve entrepreneurial capabilities;* |
| | Understand the fund-raising channels and risks of venture capital; understand models of entrepreneurship suitable for college students.* |
| | Chapter 5. Implications and Resources of Entrepreneurship (4 contact hours, 3 self-study hours) |
| | Master the elements and types of entrepreneurship;* |
| | Understand the resource requirements in the entrepreneurial process and how to obtain and manage entrepreneurial resources** |
| | Master the methods and management skills needed for the |
| | acquisition and integration of entrepreneurial resources* |
| | Chapter 6. Entrepreneurial Spirit and Entrepreneurs (4 contact hour, 3 self-study hour) |
| | Understand the concepts of entrepreneurship, entrepreneurial spirit and entrepreneurs;** |
| | • Understand the basic qualities that entrepreneurs should possess and the basic methods of managing entrepreneurial teams. |
| | Chapter 7. Entrepreneurship Opportunities and Business Models |
| | (4 contact hours, 5 self-study hours) |
| | Be able to identify and evaluate entrepreneurial opportunities;* |
| | Be able to understand the content and methods required for entrepreneurial project selection and business model development;* |
| | Identify the elements of entrepreneurial opportunities and prevent entrepreneurial risks; |
| | Be familiar with the design strategy of business models.* |
| | Chapter 8. Entrepreneurship Plans and Business Models (4 contact hours, 5 self-study hours) |
| | Understand the role and basic structure of a business plan* |
| | Be familiar with the writing and presentation methods of a business plan* |
| | Understand what should be noted in a business plan |
| Examination forms | 1. Basic requirements for class (no late arrivals, no early departures, and no unauthorized absences) 10%. |
| | Assignments (including homework 30% and big project 70%) 30%. Final exam 60%. |
| Ctudy and avamination | |
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. |
| | Achieve a score of 60 points or above. |



| Reading list | 1. Required books |
|--------------|---|
| | [1] LUO Lingling. Creative Thinking Training. Beijing: Capital University of Economics and Business Press, 2015. |
| | 2.Reference books |
| | [l] LI Jiahua. Basics of Entrepreneurship. Beijing: Tsinghua University Press, 2017. |
| | [2] Lill Jingdong. Basic Course for College Students' Entrepreneurship (science and engineering college edition). Beijing: Modem Education Press, 2016. |
| | [3] ZHANG Rushan, ZHANG Lin. An Analysis of College Students' Entrepreneurship Cases. Nanjing: Nanjing University Press, 2013. |



| Module designation | Physical Education |
|---|---|
| Semester(s) in which the module is taught | 1st - 4th semesters |
| Person responsible for the module | Jianxin Zhang |
| Language | Chinese |
| Relation to curriculum | Compulsory Physical Education is a compulsory course offered for all students of the university. The lecturer guides students to do physical exercises. By receiving physical education and doing physical exercises, students will improve physical fitness, health and attainments in sports. This course is an important part of the university's curriculum; the center of sports work; and an indispensable and important component in carrying out quality oriented education and cultivating well-rounded talents. |
| Teaching methods | lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 90 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 48 hours Private study including examination preparation, specified in hours:42 hours |
| Credit points | 3.0 |
| Required and recommended prerequisites for joining the module | Take special physical training, physical fitness and theoretical examinations |
| Module objectives/intended learning outcomes | Knowledge: The effect and influence of sports on the human body; Scientific methods of doing physical exercises; Health care knowledge, self-assessment methods, etc. Skills: Master the basic methods and skills of two or more fitness exercises; Be able to do physical exercises scientifically and improve athletic ability; Master the methods of treatment of common sports injuries. Competences: Actively participate in various sports activities and form conscious exercise habits; establish the consciousness of lifelong sports; be able to prepare a feasible personal exercise plan; have the basic ability of appreciating the sports culture. Have excellent sportsmanship and the spirit of cooperation; be able to correctly handle the relationship between competition and cooperation. |
| Content | 1 Theory (1), formation: Contact hours=4, self-study hours=3 2 Aerobics (1), Volleyball (1): Contact hours=4, self-study hours=3 |



| | 3 Aerobics (2), Middle and Long Distance Running (1): Contact hours=4, self-study hours=3 |
|------------------------------------|---|
| | 4 Aerobics (1), Volleyball (2) : Contact hours=4, self-study hours=3 |
| | 5 Aerobics (4), Middle and Long Distance Running (2) : Contact hours=4, self-study hours=3 |
| | 6 Badminton (1), Middle and Long Distance Running (3): Contact hours=4, self-study hours=3 |
| | 7 Basketball (1), Middle and Long Distance Running (4) : Contact hours=4, self-study hours=3 |
| | 8 Sprint (1), Sit-ups (1) : Contact hours=4, self-study hours=3 |
| | 9 Sprint (2), Solid Ball (1) : Contact hours=4, self-study hours=3 |
| | 10 Sprint (3), Basketball (2) : Contact hours=4, self-study hours=3 |
| | 11 Sit-ups (2), Standing Long Jump: Contact hours=4, self-study hours=3 |
| | 12 Basketball (3), Solid Ball (2) : Contact hours=4, self-study hours=3 |
| Examination forms | Usual performance includes sports participation and in-class performance: 10%; |
| | of examination Theory examination: 10%; |
| | Physical fitness examination: 40%, including sit-ups (female), standing long jump (male), solid ball (male and female), and middle and long distance running (male and female); |
| | Special physical training examination: 40%, including basketbal |
| | (male) and a,erobics (female). |
| Study and examination requirements | Achieve a score of 60 points or above. |
| Reading list | [1] Basketball Basics. Beijing: Higher Education Press, 2003. |
| | [2] Robert Horsch, translated by ZHOU Jin. Table Tennis Teaching. Beijing Sport University Press, 2007.1 |
| | [3] YANG Minli. Badminton Teaching and Training. Beijing: Beijing Sport University Press, 2011. |
| | [4] SUN Weixing. Modem Tennis Technique Teaching Methods. Beijing: Beijing Sport University, 2007. |



| Module designation | Physical Fitness |
|---|---|
| Semester(s) in which the module is taught | 5 th semester and 7 th semester |
| Person responsible for the module | Physical Education Department |
| Language | Chinese |
| Relation to curriculum | Compulsory Specific qualities of Physical Fitness include (speed/strength/endurance/responsiveness/agility/flexibility/ac curacy/balance), and an introduction to specific exercise methods and practices. Physical fitness and fat loss are the most correlated, and the use of physical fitness exercise training methods to change fat loss is a relatively scientific means. Physical fitness is the basis of all physical exercise, which helps to improve university students 'understanding and mastery of sports functions and apply training methods to life. Physical fitness can change the way students think and thus change their lifestyles and fulfil the social function of sports. |
| Teaching methods | lesson |
| Workload (incl. contact hours, self-study hours) | (Estimated) Total workload: 30 hours Contact hours (please specify whether lecture, exercise, laboratory session, etc.): 16 hours Private study including examination preparation, specified in hours: 14 hours |
| Credit points | 1.0 |
| Required and recommended prerequisites for joining the module | |
| Module objectives/intended | Knowledge: |
| learning outcomes | Improve mental state, regulate emotions, overcome psychological barriers and develop a positive and optimistic attitude towards learning and life through physical training; Skill: |
| | Have excellent sportsmanship and the spirit of |
| | cooperation; be able to correctly handle the relationship |
| | between competition and cooperation. |
| | Competence: |
| | Students will develop conscious exercise |
| | habits, basically form a lifelong awareness of physical |
| | education, and be able to prepare a feasible physical |
| | fitness training program. |



| Content | Part A. Theoretical Teaching (16 contact hours; 14 selfstudy |
|-------------------|---|
| | hours) |
| | 1. Theoretical Knowled2e of Physical Trainin2 (4 contact |
| | hours; 3 self-study hours) |
| | Basic human anatomy and function; |
| | Objectives, content and structure of the warm-up activities; |
| | Principles, methods and practices of designing aerobic and anaerobic training programs; |
| | Basic general knowledge of sports nutrition; |
| | Risk management, prevention and management of common mJunes. |
| | 2. Basic Physical Training Techniques (4 contact hours; 3 |
| | self-study hours) |
| | Testing and evaluation; |
| | Methods and practices of strength training; |
| | Methods and practices of endurance training; |
| | Methods and practices of explosive power training; |
| | Assessment and intake of essential nutrients; |
| | Prevention and treatment of common injuries; |
| | 3. Theoretical Knowledge of Fitness and Bodybuilding (3 |
| | contact hours; 3 self-study hours) |
| | Formulation of Fitness and Bodybuilding Training Plan; |
| | Basic knowledge of human sports anatomy; |
| | General knowledge of fitness and bodybuilding exercise physiology; |
| | Fitness and bodybuilding competition rules and referee knowledge. |
| | 4. Basic Techniques of Fitness and Bodybuilding (3 contact hours; 3 self-study hours) |
| | Pectoralis major: dead.lift push-ups, dumbbell fly, doublebar double arm curls; |
| | Back muscles: prone rowing, pull-ups, barbell hard pulls; |
| | Abdominal muscles: sit-ups, supine leg raises, vertical leg raises; |
| | Shoulder muscles: bell-held lateral planks, standing rows, and prone lateral planks; |
| | Arm muscles: one-handed heavy hanging curls, standing straight arm pullbacks; |
| | Leg muscles: weighted squats, leg curls, leg curls, weighted heel lifts; Neck muscles: barbell shrugs, narrow grip upright rowing; |
| | 5. Organizational Practice and Safety Knowledge of Fitness and Bodybuilding Competitions (2 contact hours; 2 self-study hours) |
| | Organization of fitness and bodybuilding competitions; |
| | General knowledge of fitness and bodybuilding competitions. |
| | Part B. Experiment teaching (0 contact hours; 0 self-study hours) |
| Examination forms | Final score includes: |
| | Basic requirements for class (not late, early retirement, absence of absence without reason, etc.) (10%) |



| | Normal operation (10%) Final exam (60%) Physical fitness, special technical assessment (80%) |
|------------------------------------|--|
| Study and examination requirements | Only students with class attendance rate over 2/3, assignment the completion rate over 2/3 and performing required experiments are allowed to take the exam. Achieve a score of 60 points or above. |
| Reading list | 1. Required books [1] Thomas. R. Baechle. Translated by Zhu Xuelei, et al. Introduction to Physical Training (3rd ed.). Shanghai Sanlian Publishing House, 2011. [2] Translated by Wang Zhengzhen. ACSM Exercise Test and Exercise Prescription Guide (8th ed.). People's Medical Publishing House, 2014. 2.Reference books |